

# **Bahini-EduCare-Foundation**

## **Pokhara, Nepal**

**Proposal for the year 2022**

### **FACTS:**

**“In Nepal every year thousands of children and adolescences are trafficked to India, China and the Gulf-Countries for the purpose of exploitation, which includes exploiting the prostitution of others, sexual exploitation, forced labour, slavery and removal of organs.**

***In Nepal too the number of underage girls who are coerced into prostitution, rape, and domestic violence has seen a dramatic increase over the past decade. The “WHO” came to the shocking finding that suicide is the leading cause of death for women aged 15-49!”***

### **Our OBJECTIVE:**

***UNICEF has declared gender-based discrimination, violence and abuses as emergency and we are at the forefront to fight this raging fire!***

***We work to save children’s lives and prevent them from being trafficked, exploited and abused! It is our declared objective to prevent and/or alleviate worst forms of violence and abuse like trafficking of girls and women for flesh-trade, bonded-labour, child-marriage, forced-prostitution and other forms of violence and abuse. We help them to meet their basic needs, to be safe and expand their opportunities to reach their full potential and this with a simple, down to earth approach and a unique, all-encompassing and low-cost strategy.***

### **The problem!**

**In Nepal millions more fell into poverty during the years 2020/2021 because of the Covid-Pandemic induced recession. Poor people are living on two Dollars a day or less and they are literally living from the hand to the mouth. For many, a day without work means a day without food!**

Hunger is the most poisoned sting that poverty can inflict on human beings and it is the root-cause for unbearable suffering. It entails an increasing number of suicides, rape, child-marriage, prostitution for many of the most vulnerable people in Nepal.

### **Who are we?**

The “Bahini-Educare-Foundation” (BEF) is a small, low-budget grassroots organisation located in Pokhara, of Gandaki Province, Nepal.

This NGO was first established and registered in the Year 2014.

### **Our TEAM:**

Our TEAM comprises two full-time employees and one part-time employee all of which are all-rounders. The Project-Manager, Mr. Surendra Pariyar is managing and organising all related tasks including logistics and deliveries. Besides being responsible for a detailed and transparent accounting, our accountant Miss Divya Timilsina is assisting in all tasks and related duties. Our nurse Miss Biddhya Bhandari is a part-time employee and she is in charge of health, hygiene and the implementation of our awareness programs. Should we be able to take sixty more beneficiaries on board in the year 2022, we will need an additional part-time driver for deliveries to our beneficiaries.

### **Who are our target groups”?**

Our target-groups are the most vulnerable, **“Destitute single Mothers, Widows, Grandmothers with dependent daughters”** who are living under desperate conditions and are deprived of the most basic needs.

### **How are we helping?**

We are helping our target groups where they are living, in the slums surrounding the city and in the villages.

We are providing for their basic needs and education, for them to live a life in safety, health and dignity.

## **What are we providing?**

- 1) Staple food to prevent food-insecurity.
- 2) Appropriate clothes for each season.
- 3) Anything required for a proper hygiene.
- 4) Healthcare.
- 5) Education.
- 6) Vocational-training.
- 7) Advice and protection whenever needed.
- 8) Awareness programs.

## **What is making us different from other organisations?**

We are supporting our target-groups where they are living, in their habitats in the villages or in the slums surrounding the city and we are only providing what is necessary to lift them out of a degrading and paralysing poverty. Thus, we are creating a minimum of dependency and we help them to become free of the vicious cycle of ignorance and poverty that has lasted for too many generations of girls and women in Nepal.

Our support is giving them the security and the hope to continue to struggle for a better life and face the day-to-day challenge with courage and determination.

## **What are the advantages of our approach?**

- 1) We don't have to build expensive infrastructures to care for our beneficiaries
- 2) Our beneficiaries are not institutionalized.
- 3) We are operating with very low administration costs.
- 4) The Mothers are not forced to give their children to "Children-Homes" because they are unable to provide for their basic needs and education.
- 5) The children are not deprived of their mothers and they continue to live in a family and their social environment.
- 6) Our approach is creating a minimum of dependency because all family members continue to face the challenge of their day-to-day reality.
- 7) We are able to provide for one beneficiary in this way for **"One EURO a day"**! The average cost for a child in a children home is between four to eight Dollars per day.
- 8) Our beneficiaries are not receiving any Money from us and they have to continue to work for their living.

## **Narrative:**

According to statistics by “UNICEF” and “CWIN” every year between 8000 to 12000 Girls and young women are trafficked into to flesh-trade and other forms of slavery to countries like India, China and the Middle-East countries.

Some progress in this area had been achieved over the last decade but due to the Covid-Pandemic induced economic recession millions more fell into poverty. The most severely affected are destitute Widows/single Mothers/Grandmothers with dependent children. Without any family support and in absence of a social net they find themselves on the lowest rung of the social ladder and all too often deprived of their most basic human needs and rights.

For a number of reasons many husbands and fathers are dying and this due to accidents, diseases and natural disasters. Others are leaving their family to marry another woman; others again are wrecked by alcoholism or drugs.

This is leaving a huge number of Mothers without a bread earner and without protection.

The situation is even worse for mothers with dependent daughters only and many of them find themselves in a desperate situation. Poor people are living on two Dollars or less daily. Our target groups are day labourers’ and they live literally from the hand to the mouth. No work is synonymous to no food!

Hunger is the most poisoned sting that poverty can inflict on human beings and it is the root-cause for unbearable suffering. It entails worst forms of violence and discrimination like rape, prostitution, child-marriage, human-trafficking and other intolerable forms of violence on girls and women.

A statistic by the “WHO” is stating that the suicide rate of women in Nepal is among the highest worldwide and they came to the shocking finding that suicide is the leading cause of death for women aged 15-49. Statistics are flawed because suicide is illegal in Nepal and relatives will not disclose the real cause of death to avoid legal problems and the social stigma associated with it.

## **Our work:**

Against this background the “BEF” is implementing an innovative and all-encompassing program based on provision of the basic needs, education, vocational training, communication and social mobilization for preventing human trafficking. Utter poverty and food-insecurity are the main reasons why families are agreeing that their underage children are migrating for livelihood and employment

opportunity. This shows that sustainable livelihood options have to be facilitated targeting this age-group.

Since the year 2014 the “BEF” has been supporting 28 such single Mother headed families and the results are amazing.

### **“Objective verifiable results”:**

- 1) The incident of food-insecurity improved by 100%
- 2) The incident of trafficking improved by 100%
- 3) The incident of child marriage improved by 100%
- 4) The incident of suicide improved by 100%
- 5) The incident of rape improved by 100%
- 6) The incident of health issues improved by 80%
- 7) The incident of lack of education improved by 100%
- 8) The incident of insufficient clothing improved by 100%

### **Our yearly budget:**

Our current yearly budget amounts to a total of 38 000, -Euro per year.

With this budget we were able to provide for 78 beneficiaries in the above-described way. Not only is our approach unique, direct and efficient, but we are managing to do this in a very cost-effective way!

It is our aim to add twenty more such families in the year 2022, approximately sixty additional beneficiaries.

Please find attached the detailed budget for the year 2022 for a total of 138 beneficiaries and a number of additional awareness-programs.

### **According to surveys by the NGO AATWIN**

(Unsafe migration & human trafficking in women and children in Nepal)

The following can be said about human trafficking in Nepal:

### **The purpose of human trafficking:**

For the purpose of exploitation, this includes exploiting the prostitution of others, sexual exploitation, forced labour, slavery or similar practices and the removal of organs.

## **The act of trafficking:**

Recruitment, transportation, transfer, harbouring or receipt of persons.

## **How is it done?**

Threat or use of force, coercion, abduction, fraud, deception, abuse of power or vulnerability, or giving a payment or benefit to a person in control of a victim. Decisions related to migration are primarily made by individuals by themselves or through decisions taken by the family. Therefore, there is a need to support these families and increase awareness about the risk associated with unsafe migration and human trafficking.

The survey showed a lack of knowledge or limited understanding about human trafficking. For this reason, it is important to increase awareness by facilitating education and awareness programmes in **“Child-Trafficking”** in particular, and this in communities and households prone to unsafe migration. Adolescents and children are still accepting to migrate unsafely despite their knowledge about associated risks due to push factors like poverty, forgoing education and unemployment.

## **What is making our work unique?**

The combination of efficiency, simplicity, directness and cost efficiency is making our project unique in Nepal and maybe beyond!

We are absolutely convinced that our innovative approach is the right answer to the humanitarian emergencies and gender-based discriminations we are currently facing.

Since many years the international development and donor/agencies are looking for an alternative to conventional children’s homes and for new ways to achieve more sustainability and less dependency. Since the year 2014 we are implementing such an alternative and our beneficiaries are the living proofs that **“Our alternative is working!”**

Please support our work; no one is more deserving of our help than our extremely vulnerable and highly endangered “Target-Groups”!

Thank you for your interest in our work!

Surendra Pariyar & The **“BEF-TEAM”**